



Talk Tactics

Smart Chatter. Results that Matter!

The 60-Second Talk Tactics Checkup

A quick self-reflection tool to help you understand how you approach conversations.

Disclaimer: This is for self-reflection only. Not a psychological assessment or professional evaluation.

Answer honestly and count your letters.

When a conversation becomes tense, what usually happens?

A. More direct | B. Smooth things over | C. Withdraw | D. Explain logically

When someone misunderstands you?

A. Frustrated | B. Rephrase gently | C. Stop pushing | D. Explain more

What are you focused on?

A. Getting to the point | B. Connection | C. Avoiding conflict | D. Logical clarity

After a tough conversation?

A. Why didn't they get it? | B. Hope I didn't upset them | C. Should've stayed quiet | D. They missed facts

What matters most?

A. Efficiency | B. Relationships | C. Peace | D. Accuracy

Why communication breaks down?

A. Not direct | B. Not considering feelings | C. Avoidance | D. Lack of clarity

Your Results

Mostly A – The Direct Communicator: Focused, efficient, but can come across as blunt.

Mostly B – The Harmony Communicator: Relationship-driven, but may avoid hard topics.

Mostly C – The Reserved Communicator: Avoids tension, but may hold back important input.

Mostly D – The Analytical Communicator: Logical and detailed, but may seem distant.

What This Means

Communication issues happen when we focus only on behavior and miss deeper layers: Behavior, Values, and Assumptions.

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